

OTHER INFORMATION

Your admission to _____
will be booked for, Day Surgery Overnight

Treating Doctor: _____

Operating Date: _____

Admission Date: _____

Admission Time: _____
(as advised by doctor)

OPERATIONS TO BE PERFORMED

(include CMBS item numbers if known)

Nil by mouth from _____

(this means the patient must have nothing to eat or drink, including water) If you take regular prescribed medications, please contact your GP to determine whether they are to be taken.

INSTRUCTIONS FOR PATIENT

If you have any concerns following your procedure, please contact your doctor, or alternatively, the Emergency Care Centre (ECC) at Allamanda Private Hospital on (07) 5591 9400 (after hours). Day patients at Pacific Private can also phone (07) 5556 6205 during business hours and (07) 5591 9400 after hours.

Allamanda
PRIVATE HOSPITAL

21 Spendlove Street,
SOUTHPORT QLD 4215
Ph (07) 5532 6444
Fax (07) 5591 4675

Allamanda
SURGICENTRE

103 Nerang Street,
SOUTHPORT QLD 4215
Ph (07) 5509 8444
Fax (07) 5503 0059
Basement parking available

Pacific
PRIVATE HOSPITAL

123 Nerang Street,
SOUTHPORT QLD 4215
Ph (07) 5556 6222
Fax (07) 5556 6234
Basement parking
available off Cougal St

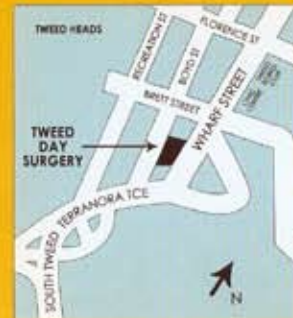
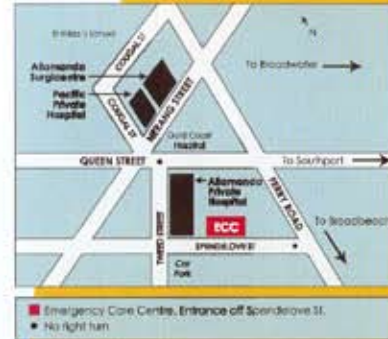
Tweed Day Surgery

Suite 4, 38-44 Boyd Street,
TWEED HEADS NSW 2485
Ph (07) 5599 5522
Fax (07) 5599 1666

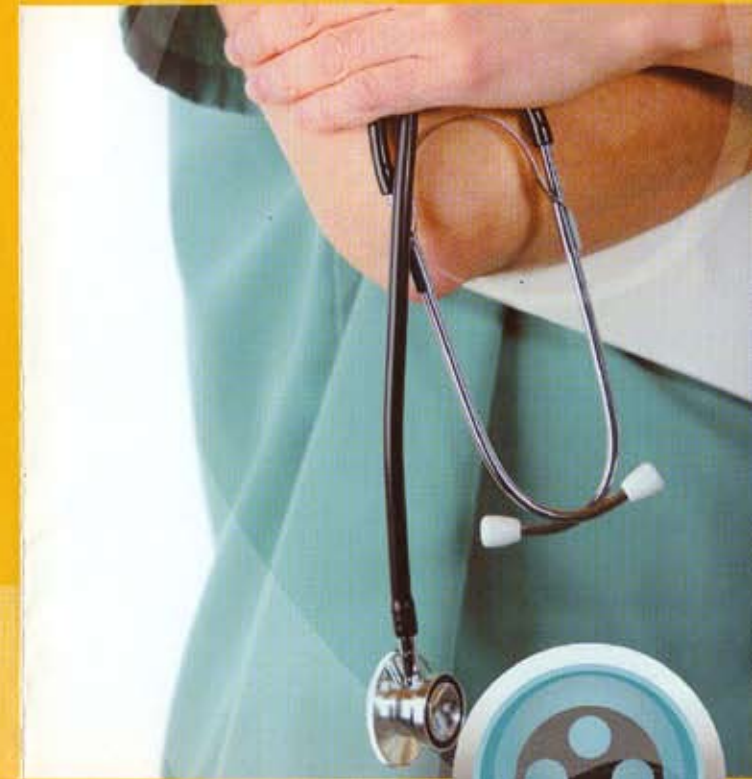
For all your Pathology needs:

Gribbles
PATHOLOGY

Southport Laboratory
Pacific Private Clinic
Suite 2, Level 3, 123 Nerang Street,
SOUTHPORT QLD 4215
Ph (07) 5591 8644
Fax (07) 5561 1288



Patient Information Guide



PATIENT BOOKING INFORMATION

Please return your pre-admission forms no less than 48 hours prior to surgery to the facility you are attending.

You will be attending:

- Allamanda Private Hospital**
21 Spindelove Street, Southport
- Allamanda Surgicentre**
103 Nerang Street, Southport
- Pacific Private Hospital**
123 Nerang Street, Southport
- Tweed Day Surgery**
Suite 4, 38-44 Boyd Street, Tweed Heads

All Healthscope facilities are strictly non-smoking. We ask that you and your visitors respect the health of others and refrain from smoking within our facilities.

PAYMENT ARRANGEMENTS

Information about our fees must be confirmed by the day care facility you are attending, prior to admission. You will be required to pay your bill on or before the day of admission. Payments can be made by cash, EFTPOS, Visa, Mastercard or Bankcard. All enquiries regarding costs can be made by contacting the relevant facility on one of the following numbers:

Allamanda Private Hospital
Ph 1800 990 903

Allamanda Surgicentre
Ph (07) 5509 8409

Pacific Private Hospital
Ph (07) 5556 6238 or (07) 5556 6239

Tweed Day Surgery
Ph (07) 5599 5522

BEFORE YOU LEAVE HOME

MEDICATIONS

Please check with your Doctor for their instructions prior to your surgery. For overnight stays, please bring your current medications and repeat prescriptions into hospital with you. It is imperative that your medications are handed to the Nursing Staff upon admission to eliminate any potential adverse reactions with treatment that may be administered during your hospital stay.



FASTING

Please check with your Doctor for instructions prior to surgery.

PERSONAL HYGIENE AND CLOTHING

Please shower before coming to the hospital and wear loose, simple clothing which can be changed easily. You should not wear makeup, nail polish or jewellery. Ladies, please wear low-heeled, comfortable shoes. Wedding rings are permitted.

WHAT TO BRING WITH YOU:

- Current medications and prescriptions
- Any relevant X-ray or Ultrasound films
- Any hospital forms (fully completed) and letters or reports from your doctor
- Membership details of your health benefits, pharmaceutical records, Veterans' Affairs card or pension card
- Personal nightwear and toiletries if staying overnight
- Some reading material

WE ADVISE AGAINST BRINGING ANY VALUABLES SUCH AS JEWELLERY OR MOBILE PHONES. PLEASE LIMIT MONEY TO A SMALL AMOUNT FOR INCIDENTALS OR THAT OF THE AMOUNT REQUIRED TO SETTLE YOUR ACCOUNT ON THE DAY. HOSPITALS DO NOT TAKE ANY RESPONSIBILITY FOR ITEMS THAT ARE LOST OR STOLEN DURING YOUR VISIT.

ON THE DAY OF YOUR PROCEDURE

You'll be greeted at the admissions desk by one of our experienced staff, who will finalise your admission. You will then be escorted to your ward by a staff member where a nursing assessment will be conducted to obtain a brief medical history. If you should have any concerns regarding your hospitalisation please do not hesitate to discuss these with the nurse. You will be visited by an anaesthetist if your procedure requires an anaesthetic.

DURATION OF DAY SURGERY

All procedures require a recovery period which varies between patients. You will recover in your bed or in the lounge area.

Refreshments are provided for you, and there are kiosks and cafes nearby for use by relatives or carers. Parents of babies or toddlers should bring any formulas, food, toys etc. their children will require.

GOING HOME

Giving yourself an adequate amount of recovery time is essential to ensure your safety and well being. Please ensure you have made arrangements for transport following discharge from day surgery. **The period from your admission to discharge could be as long as 3 to 6 hours.**

IT IS HIGHLY RECOMMENDED THAT YOU DO NOT DRIVE A MOTOR CAR, OPERATE MACHINERY, OPERATE DANGEROUS EQUIPMENT OR SIGN IMPORTANT DOCUMENTS FOR AT LEAST 24 HOURS AFTER BEING SEDATED OR RECEIVING A GENERAL ANAESTHETIC. YOU MUST BE CARED FOR BY A RESPONSIBLE PERSON WHEN YOU GO HOME.

A follow up appointment will be arranged for you before you are discharged, if your doctor has not already done so.

